

SUNDAY / DOMINGO

- 7:00PM** **Medina** **Recovery Ink**, 215 Eagle St, Medina, NY
-
- 7:30PM** **Lockport** **Moment of Clarity**, Enter off Mac Alley, Park in back lot, 185 Locust St., Lockport, NY **(O,D,IW)**

MONDAY / LUNES

- 10:00AM** **Lockport** **Steps to Freedom**, 81 Walnut St, Lockport, NY **(O,D,SG)**
-
- 6:00PM** **Albion** **We are Recovery**, 30 W. Park St, Albion, NY
-
- 6:30PM** **N. Tonawanda** **Primary Purpose**, Redeemer Lutheran Church, 265 Falconer St, N. Tonawanda, NY **(WC,BK)**
-
- 7:00PM** **Lockport** **Recovery Here & Now**, 140 Genesee St., Lockport, NY **(D)**

TUESDAY / MARTES

- 10:05AM** **Lockport** **Principles Before Personalities**, 75 East Ave, Lockport, NY **(BT)**
-
- 7:00PM** **Lockport** **Desperately Seeking Solutions**, Lockview Plaza, 41 Main St, Lockport, NY **(BT)**

WEDNESDAY / MIÉRCOLES

- 1:00PM** **Lockport** **A New Way To Live**, 33 Ontario St, Lockport, NY **(O,D)**
-
- 7:00PM** **Clarence** **Complete Defeat**, 7720 Goodrich Rd, Clarence, NY
-
- 8:00PM** **Lockport** **Gratitude Speaks**, 7145 Fieldcrest Drive, Lockport, NY **(BK)**

THURSDAY / JUEVES

- 10:00AM** **Lockport** **Plain and Simple**, 81 Walnut St., Lockport, NY **(BK)**
-
- 7:00PM** **North Tonawanda** **Recovery How and Why**, Corner of Thompson St., 265 Falconer St., North Tonawanda, NY **(SD,WC,BK)**
-
- 7:00PM** **Lockport** **Show Up to Grow Up**, 555 Davidson Rd., Lockport, NY **(BT)**

FRIDAY / VIERNES

- 7:00PM** **Batavia** **Friday Night Lights**, 306 East Main St., Batavia, NY **(O,D,SD,WC)**
-
- 7:00PM** **North Tonawanda** **I Surrender**, 265 Falconer Street, North Tonawanda, NY **(O,D)**
-
- 7:00PM** **Lockport** **Keen to Be Clean**, 75 East Ave, Lockport, NY **(BK)**

SATURDAY / SÁBADO

- 11:00AM** **Lockport** **No Matter What**, 81 Walnut St., Lockport, NY **(O,D,SD,BK)**
-
- 8:00PM** **Lockport** **Against All Odds**, 32 W. High St., Lockport, NY **(O,D,SD,WC,BK)**

MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
D	Discussion	IW	It Works -How and Why
O	Open	SD	Speaker/Discussion
SG	Step Working Guide	WC	Wheelchair



JUST FOR TODAY

Tell yourself:

Just for today my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for today I will have faith in someone in NA who believes in me and wants to help me in my recovery.

Just for today I will have a program. I will try to follow it to the best of my ability.

Just for today, through NA, I will try to get a better perspective on my life.

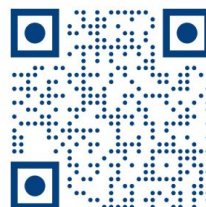
Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

The therapeutic value of one addict helping another is without parallel.

RECOVERING ADDICTS I CAN CALL

Additional resources are available on our Western New York Regional Website:

nawny.org



**NIAGARA-ORLEANS
(Ni-O) AREA**

MEETING SCHEDULE

JULY 2022



Please Contact Ni-O Helpline for Information Regarding Ni-O Area Service Committees.

**NIAGARA-ORLEANS
HELP LINE
(716) 478-6992**

Meetings Weekly: 19